

**Prairie Hawks Soccer  
2018 Boys Season  
Parents Meeting**

**Introductions**

- Corey Oakland, Head Coach
- Jason Lees, Asst. Coach
- Zach Nacev, JV Coach, Asst. Coach
- John Salazar, 7/8th Grade, Asst. Coach

**Communication**

- Email / school mailers / newspaper / website / JV information
- Season updates / information from Coach Oakland
- Parent volunteers / team parents
- Please do not send out group emails without contacting coach

**Coaching Philosophy**

- fair but not even
- **demand:** commitment, dedication, responsibility and character
- Different goals within the program, Varsity “plays to win” while developing competitiveness, character and responsibility. JV develops commitment and skill level, preparation for Varsity competition.

**General School, Injury, Athletic Code**

- *Academics come first!*
- As members of the Prairie Soccer Program, team members are expected to hold themselves to a high standard. Respect towards teaching staff, administration, coaching staff and parents is expected at all times. Our program goal is a reputation for good kids and good players.
- Decisions, Choices, Responsibility, Ramifications - Team rules may exceed school penalties regarding issues of drugs, alcohol, behavior issues, etc.
- Physicals and other paperwork **must** be turned in by the first day of tryouts
- Student Code Violations

**Prairie Website [www.prairieschool.com](http://www.prairieschool.com)**

- Schedule posted online via “Athletics” link
- Team Page with information
- \*Please check the website schedule for updates
- Dietary Guidelines and Nutritional Information
- Other information / cancelations / forms
- Parent page link

**Season Info**

- **First Practice, Monday, Aug 13th 9:30-11:00 and 3:30-5:00**
- Week 1. Two-a-days, tryouts and team selections.
- Scrimmages on Saturday, Aug. 18th Var vs MUHS / Oregon; *JV at score*
- Week 2. Mon, Aug. 20th - practice as usual for BOTH teams, 4-6pm
- Tues, Aug. 21st - practice for BOTH teams at \*\*\*6:30am - appx. 7:15am
- Wed - Friday - NO practice as buses do not return until late Friday night
- Sat, Aug. 25th - \*\*\*practice for BOTH teams, 9:30am - 11:00am Saturday morning
- There will be NO Practice on Labor Day: Monday, Sept. 3rd

**Practice (4:00 - 6:00 after two-a-days )**

- Most importantly, be present and on time – missed practice or late arrival will effect game minutes.
- Practice end-time
- **All practices are mandatory**, Varsity and JV
- Practice will never be cancelled because of weather issues *\*always have indoor shoes*
- Team members must be in shin guards at all times during practice unless told otherwise.

- Team members must have cleats and flats (indoor shoes or running shoes incase practice is moved indoors) at every practice. Cleats are not allowed in the J.A.C.
- Conflicts (school or non-school)
- Practice is closed to all but team members – parental and classmate support is greatly appreciated but quality practice time requires a distraction free environment.

### Games

- Team members are expected at the field a **minimum** of 45 min prior to game time unless told otherwise. Tardiness may result in a loss of playing time.
- Team members can only wear team warm-ups or other Prairie Soccer attire for pregame warm-ups.
- Team members must conduct themselves in a respectful manner during games. Swearing on the field is not only punishable with a yellow card, but may draw team suspension as well.
- Playing time will be determined by the coaching staff and will be based upon skill level, attitude and practice attendance. Coaches will strive to be fair but not even.
- Cancellations / make up games
- Strength of Schedule
- Sportsmanship
- Parent Conduct
- Coaches Conduct
- ***Social media***

### Injury Care / season management

- **Kayla / new S&C Coach TBD**, Athletic Trainer & S/C Coach
- Ice, food, hydration and rest!
- **<http://www.prairieschool.com/wp-content/uploads/2013/08/Prairie-Soccer-Dietary-Guidelines.pdf>**

### Away travel

- Team members must travel on the bus round trip unless a parental release form is on record with the athletic office **and** prior written notice has been given to the coach.
- If different start times occur at away games, both teams will be expected to stay and support the playing team. Teams will always travel together unless otherwise stated.
- Team members are expected to act responsibly and represent the school at the highest possible standard.
- Green Bay Varsity Overnight \*more info to follow

### Post Season Award Criteria:

- Major letter awarded to any athlete selected for Varsity during tryouts who remains on Varsity for an entire season, regardless of class or minutes played.
- Major letter awarded to any athlete brought up to Varsity during the regular season who takes on the role of a regular rostered player.
- Late season call ups after the conclusion of the JV season will be given a JV award.
- Minor and/or Numeral awards given to players on the JV roster.

### Misc. Items:

- Parent / Coach communication and the 24 hour rule
- **Please pick up your team member on time following practice and / or games**
- JV Cancellations (*keep checking site*)
- Team Parents
- Fundraisers (Futsal)
- Team Order Opportunity / Socks / match day shirts purchased by team

This rules / information sheet contains team specific guidelines focusing on practice, game and team travel information. Team rules involving other student athlete conduct (illegal substances, alcohol, behavioral issues, etc) overlap with the school's policies. The Prairie Soccer Program will follow all school discipline procedures and may add additional team suspension when appropriate. All rules will be enforced by the coaching staff to maintain a disciplined team atmosphere. Each incident or infraction will be judged on an individual basis - "fair but not even" will also apply to each decision. With everyone's help, each rule should be easy to follow and we will enjoy a successful season both on and off the field.

Updated 08/18