

Thursday, November 15th, 2018

Dear Parent and Athlete,

On Monday, November 5th, a mandatory US Winter Sport Preseason Parent/Athlete meeting was held in the JAC. Attending the meeting was a requirement for eligibility in athletics by the WIAA and our school. Those who were absent are required to review the information that was presented. Please read this letter and review the links below with your child. This letter and the links are also accessible on the Athletics page of the school website. ***Continued eligibility is contingent on completing this requirement by Tuesday, November 20th, 2018.***

- Review the Family Handbook located on the [Parent Resources](#) tab (Forms & Documents) of the Prairie School website
- Review [18/19 WIAA Rules at a Glance](#) and [WIAA Eligibility Bulletin](#)
- Click [Team Page](#) and select your athlete's sport to view current season information
- View 2018 Fall Sport Preseason Slideshow

The meeting agenda is outlined below. After reviewing the information with your child, **please sign and return the attached form confirming that you completed the tasks by Tuesday, November 20th, 2018.** You may email, fax (262) 752-2601 or submit a paper copy to the attention of the Athletic Department.

1. **Participation:** The Prairie School maintains a no-cut policy. Every athlete is guaranteed a place on a team. This does not guarantee an athlete the opportunity to play, dress, or letter. Playing time is earned and determined by the coach. Factors that may influence playing time include ability, attitude, and work ethic. Athletes are encouraged to use the off seasons to improve and prepare for the following season.
2. **GPA:** *As published in the all school Family Handbook:*
 - a. Students must maintain a average 2.0 GPA and keep their grades in all classes above a D or F.
 - b. Eligibility for Participation will be assessed at regular intervals.
 - c. The US Head may use his/her discretion to suspend these requirements in highly unusual circumstances, with the exception of failing grades.
3. **Eligibility:** Please review athletic physicals, academic eligibility, and the athletic code in the Family Handbook located on The Prairie School website. Athletes may not use alcohol, tobacco, or other drugs and are bound to the Athletic and School Codes relating to any substance use. Per the WIAA, athletes must follow code of conduct rules year round. Health insurance is required for every student-athlete to practice and compete.

4. **AOD Awareness (Alcohol & Other Drugs):** Please discuss this with your child.
 - a. Why say NO? Using drugs and alcohol:
 - i. **Damages your brain** (Reduces ability to learn and retain knowledge, causes memory loss, depression, may cause permanent loss of IQ & cognitive function)
 - ii. **Damages your body** (Liver, kidneys, may cause loss of heart function and muscle weakness, may trigger seizures &/or induce coma)
 - iii. **Increases risk of adult addiction** (90% of adult addicts began using in their teens)
 - iv. **Hurts relationships** with friends, parents, teachers **& coaches!** Users often experience personality changes that strain relationships and damages trust
 - v. **Leads to trouble with the law**
 - vi. **Jeopardizes your ability to play team sports!** The WIAA imposes suspensions to compete and penalties may carry over to the next season.
 - vii. **Jeopardizes college options, scholarships, internships and job opportunities** if there is a record of arrest.
5. **Communication:** Please do not stop the coach after a practice or game. Please follow the 24 hour rule for concerns related to a specific game. Please schedule an appointment with the coach. Your son or daughter must be present in this meeting. The goal is to calmly and constructively resolve issues. When you call me, I will encourage you to see your coach first.
6. **Missed Practices and Games:** Athletes are expected to attend all practices and games. Coaches communicate requirements for unexcused absences from practices and games. Loss of playing time or position may result. Athletes must communicate planned absences with the coach at the start of the season. Athletes who wish to dually participate in other extracurricular activities must receive approval by the individual coach at the start of the season. A parent will be notified if an athlete misses practice without an excuse from a teacher or parent. Extracurricular credit will not be given to athletes who do not complete a season or miss practices or games on a regular basis.
7. **Sportsmanship (Athletes and Parents):** **Athletes** represent The Prairie School and are expected to conduct themselves with the highest level of good sportsmanship on the field of play, on campus, at home and in public. **Parents**, please demonstrate the highest level of good sportsmanship. Please do not shout at referees or athletes during a game.
8. **Transportation:** Athletes are asked to ride the bus to all away competitions. Parents that attend games may drive only their child home after an event - advance coach approval required.
9. **Team Meetings:** Coaches reviewed season expectations, goals and defined team rules at the parent-athlete meeting. Locations of away competitions are available on the Athletic

calendar. Parent/Athlete expectations for each sport are available on the team page of the website. If you have questions, please contact your coach directly.

10. **Team Photos:** Each season, photos are available for purchase from VARITAY Studios, the school photographer. Photos are posted for a limited time. Order early and save.
11. **Letter Jackets:** Varsity athletes are encouraged to wear a Prairie letter jacket. Jackets are available for purchase at Midwest Embroidery Graphics on Washington Avenue.
12. **Athletic Trainer:** Kayla McClure from Ascension works closely with our coaches and athletes to keep them safe and assist with all injuries. Please notify Kayla McClure if you have any questions on injuries.
13. **Strength and Conditioning Coach:** Zach Perkins, our new S&C coach, will work with coaches and athletes to develop conditioning and preventative injury programs. Our goal is to keep them out of the Training Room and on the playing field.
14. **Spirit wear:** Spirit wear information is available on the Athletic page of The Prairie School Website.
15. **WIAA Information:** All WIAA Rules and Regulations are available on the Athletics page. Parents and athletes electronically acknowledge that they have knowledge and understanding of the WIAA rules and agree to follow them.
16. **Athletics Website:** Athletic information is available on the school website. Please visit <http://www.prairieschool.com/athletics-2/> for current information regarding sports and facilities. The main page will list any changes or cancellations.

Please sign and return the enclosed form by **Tuesday, November 20th, 2018.** If you have any questions, feel free to call me at 262-752-2600.

Sincerely,

Jason Atanasoff
Athletic Director, The Prairie School



THE PRAIRIE SCHOOL

Thursday, November 15th, 2018

As the parent(s)/guardian(s) of _____, I/we were unable to attend the mandatory US Fal Sport Preseason Parent/Athlete meeting on Monday, November 5th, 2018. We watched the 2018 US Winter Sport Preseason Slideshow, read the coach's team handout located on The Prairie School website and read the information in the letter that accompanied this form. We understand that we need to review the school and WIAA Athletic Code with our son/daughter/legal ward and all other materials related to participation. As a family we understand the commitment requirement to participate in high school athletics.

Parent Name (please print): _____

Parent Signature: _____ Date _____

Please return this form to Mrs. Panthofer, Athletic Administrative Assistant, by email, fax or paper copy.

- Email: dpanthofer@prairieschool.com
- Fax: 262-752-2601
- Mrs. Panthofer's office is located in the Johnson Athletic Center (JAC) down the hall from Jason Atanasoff, Athletic Director.

Due: Tuesday, November 20th, 2018

