

Wrestling

Co-op

St. Cats/Lutheran/Prairie

Practice Starts Monday November 12th from 4pm-6:30pm

Where: St Cat's Highschool

**Important upcoming date: Nov.8th@3pm Skin Fold
Test**

**Test will be held in training office @St. Cats
Weight room**

2nd floor next to the gym

Sign up Questions? Please contact your Athletic Director

Coach Contact Info: Nick Loomis 262/672-0699 or

nloomi@yahoo.com