



JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				
A Day 7	B Day 8	C Day 9	D Day 10	E Day 11
Cheese Quesadilla* Spanish Rice Cuban Sandwich Whole Kernel Corn	Spaghetti Choice of Sauces* Marinara, Meat Or Alfredo Garlic Stick	Prairie McMuffin* Chicken Sausage Potato Pancakes or Italian Sausage Birthday Cake	Nacho Supreme Beef or Bean* Spanish Rice Whole Kernel Corn	Boneless Chicken Wings French Fries or Bake Potato* w/ Topping
F Day 14	A Day 15	B Day 16	C Day 17	D Day 18
Grilled or Breaded Chicken Parm w/ Pasta* Green Beans	Cheese pizza* Salisbury Steak Whipped Potato Peas Cookie	Roast Beef on a Bun Broccoli Lo Mein* Cheesy Hash Brown Calif Blend Vegetables	Hot Italian Sub on a Ciabatta Chips or Penne Rosa* Mixed Vegetables	Walking Taco w/Beef or Bean* And Assorted Topping Ice cream
 21	E Day 22	F Day 23	A Day 24	B Day 25
Dr. Martin Luther King Jr Day	Chicken Tenders Vegetable Wrap* Carrot Coins Potato Wedges	Mostaccioli* & Meatballs Green Beans Bread Stick Pudding Pie	Beef Chili Grilled Cheese Panini* Green Beans Cookie	Fishwich* BBQ Rib Patty on a Bun Potato Chips Cole Slaw Green Bean
C Day 28	D Day 29	E Day 30	F Day 31	
Chicken Patty Cheese Omelet* Tri Taters Mix Vegetables	Corn Dogs Mac & Cheese* Tater Tots Steamed Broccoli	Chicken Bacon Wrap Pizza Dippers* Peas & Carrots Rice Krispy	All Beef Burger Potato Chips Black Bean Burger* w/ Assorted Topping Ice Cream Treat	*Denotes Vegetarian option