

September / October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
F Day 23 Lasagna Rolls* W/ Bread Stick Italian Sausage on a Bun Mixed Vegetable	A Day 24 Turkey Stacker Tater Tots or Acorn Squash w/Wild Rice* Green Peas Birthday Cake	B Day 25 Nacho Supreme Beef or Bean* Spanish Rice Whole Kernel Corn	C Day 26 French Toast* Turkey Sausage Potato Pancakes Gyros M&M Cookie	D Day 27 Cheese Pizza* Hot Ham and Cheese on a Pretzel Bun Mixed Vegetables
E Day 30 Sweet Potato and Bean Wrap* Cuban Sandwich Chips Whole Kernel Corn	F Day 1 BBQ Pork on a Bun Vegetable Croissant* Oven Brown Potato Carrot Coins	A Day 2 Crispy Chicken Parm Cheesy Hash Brown or Vegetable Rice Pilaf* Green Beans Chocolate Chip Cookie	B Day 3 Spaghetti Choice of Sauces* Marinara, Meat Or Alfredo Mini Baguette	C Day 4 Chicken Patty on a Bun Vegetable Orzo* Curly Fries Carrots
F Day 7 Chicken Tenders w/ French Fries or Omelet* Mixed Vegetable	E Day 8 Pizza Dipper* Andouille Sausage w/ Pasta Green Bean Brownie	A Day 9 Corn Dogs Broccoli Lo Mein* Tater Tots Mixed Vegetables	B Day 10 Grilled or Breaded Chicken Parmesan w/Pasta* Steamed Broccoli Apple Coffee Cake	a Day 11 
		C Day 16 BBQ Rib Patty on a Bun Broccoli Quiche* Oven Brown Potato Green Bean	D Day 17 Chicken Drumsticks Vegetable Wrap* Sidewinders Potato Carrot Coins Cookie	E Day 18 Walking Taco w/Beef or Bean* And Assorted Topping Ice Cream
F Day 21 Teriyaki Chicken W/Brown Rice Stir Fried Vegetable* Fortune Cookie	A Day 22 Shepherd's Pie or Grilled Cheese* Tater Tot Green Beans	B Day 23 Mac & Cheese* Or Turkey Bacon Wrap Potato Chips Mix Vegetables Rice Krispy	C Day 24 Beef Chili Cheesy Bosco Stick Vegetable Flat Bread* Steamed Broccoli	25  *Denotes Vegetarian option.