



# 2021-2022 School Year Plan

Updated October 19th, 2021

Dear Prairie Families,

Despite a strong sense of whiplash and significant disappointment from the pandemic's evolution this summer, I am looking forward to seeing all of you next week. Following is an updated version of our operational plan for the upcoming school year. Circumstances will continue to change in the weeks and months ahead and we will continue to share revisions with you as they are made.

There is still much to be learned about the Delta variant, but we do know that it is more contagious than previous strains and it is leading to more [children being hospitalized](#) with COVID-19. The seven-day average of confirmed cases in [Wisconsin](#) continues to rise and this trend will likely continue. It is our sincere hope that your whole family will get vaccinated.

Looking ahead to the start of school, we will continue to follow [CDC guidance](#). Therefore, face masks will be required inside all of our buildings and optional outside.

CDC guidance and our local Health Department rules have also changed how quarantine works, with different, less stringent rules for vaccinated people.

It is our hope that everyone of all ages will soon be eligible for vaccination. Once that happens, and assuming increasing rates of vaccination and no new variants or other curveballs, our goal is to move to a mask-optional situation as soon after that date as reasonably possible.

In the meantime, it is important for us all to remember that our individual choices have the very real possibility of seriously impacting children under the age of 12 who do not have the same vaccination options as teens and adults. All of our students share facilities and HVAC systems, and until they have equal access to the vaccine we have a clear duty to protect our younger students from the increased risk of hospitalization as a result of contracting COVID-19.

For those of you with vaccine-eligible children, please email or drop off a photo or copy of your child's vaccination card with the appropriate division office or the [Health Office](#). The Health Office also has access to the Wisconsin Immunization Registry. Additionally, please note that:

- We recognize that there is a lack of clarity on how the school year will play out and we are prepared to respond to a range of scenarios.

- There will not be a hybrid virtual attendance option for students who are isolated or quarantined by their local Health Department. Our experience last year showed that it is detrimental to everyone involved to have a mixture of on-campus and off-campus learners.
- Please note that the CDC's definition of close contact in a school changed in August, and that is reflected on page 6. Proper masking is now an important factor in determining a close contact.
- It appears that we are going to be able to offer optional, free COVID-19 testing on campus three days per week. We will share more information about this as it becomes available.
- Prairie will not be requiring students to be vaccinated for COVID-19 this school year. Based on information received, our current vaccination rates (9/14/21) are:

Vaccination Status	Grade 7	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12	Faculty
Fully Vaccinated	64%	73%	75%	71%	80%	81%	100%
Partially Vaccinated	0.5%	0.5%	-	-	-	-	-
Unvaccinated	35.5%	26.5%	25%	29%	20%	19%	0%

- One of our school's core values is respect. Many viewpoints, religions, and beliefs have successfully worked together to create a strong Prairie community and we are confident that our history of successful collaboration across differences will continue.

If you have any questions about the plan please use [this form](#) to share them.

I appreciate you taking the time to read this document and support our school community. I look forward to seeing all of you next week.

Sincerely,



Nathaniel W. Coffman, Ed.D.  
Head of School and President

# **2021 - 2022 Operational Plan**

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**There is a place at the end of this document for you to submit questions following your review of these policies and procedures.**

### Overarching Goals of Prairie's Plan:

- Prioritize the health and safety of our students and faculty by reducing risks.
- Continue to provide a world-class, in-person, college-preparatory education.
- Make science-based decisions and follow the advice of experts (primarily the CDC).
  - Recognizing that more than half of our student body is not yet vaccine-eligible.
  - Recognizing that local and national case levels are trending upward.
  - Using layered mitigation strategies.
- Consistently monitor local and school health data and evolve this plan as needed on an ongoing basis.
- Follow CDC guidance for masking:
  - Masks are not required outdoors.
  - Indoors, masks are required.
- Return to as normal a school experience as possible, including:
  - A six-day rotating schedule;
  - 7-12th Grade eating in the Dining Room, including in tented outdoor space;
  - [Early Day and Stay & Play](#);
  - A full slate of co-curricular and extracurricular activities (following host sites' health requirements);
  - Field trips (following host sites' health requirements);
  - Continuing to maintain limits on visitors to school; and
  - Reinstating Upper School service, exercise, and co-curricular requirements.
- Strengthen our sense of community, recognizing our interconnectedness and shared duty to each other.
- Sanitize our hands regularly and surfaces daily.
- Every person on campus completes an individual daily COVID-19 health screening.
- Stay at home when ill.
- Avoid close contact among Primary School, 5th Grade, and 6th Grade students (those not yet eligible for vaccination).

**The CDC’s and Racine Health Department’s Definition of Close Contacts in a School Setting for Unvaccinated Individuals** tracing back 48 hours from a confirmed positive test, with 15 minutes of indoor exposure:

<b>Exposed person(s)</b>	<b>Less than 3 feet</b>	<b>3 to 6 feet</b>	<b>More than 6 feet</b>
<b>Student</b> contact wearing a well-fitted mask, consistently and correctly	Close contact	<b>Is <u>NOT</u> a close contact</b>	Not a close contact
<b>Adult</b> contact (regardless of mask use)	Close contact	Close contact	Not a close contact

You provided care at home to someone who is sick with COVID-19.

You had direct physical contact with someone with COVID-19 (e.g., kissed them).

You shared eating or drinking utensils with someone who is sick with COVID-19.

Someone who is sick with COVID-19 sneezed, coughed, or otherwise got respiratory droplets on you.

Please note:

- The Racine Health Department requires unvaccinated students and adults to quarantine after close contact. See the section on COVID-19 Illness & Exposure, beginning on p. 16, for quarantine guidelines.
- A fully-vaccinated individual and adults exposed to a positive person must watch for symptoms and stay masked indoors. The CDC recommends PCR testing (even in the absence of symptoms) at least 3 days (ideally 5 days) after close contact for those who are vaccinated.
- An unvaccinated person with a documented, confirmed case of COVID-19 will be subject to the same close contact (exposure) procedures as a vaccinated person for 90 days after their date of diagnosis.

## Health & Safety

- How will Prairie mitigate student and faculty risk of exposure to COVID-19?
  - All Prairie employees will be vaccinated by the first day of school.
  - Students will sanitize their hands on the way out of every room.
  - Prairie will continue to use electrostatic sprayers on a regular basis.
  - All of our HVAC systems have external exchanges to bring in fresh air.
  - UV lights are now a part of our HVAC systems.
  - Upgraded HVAC filters have been installed.
  - Masking is required inside the building.
- What is Prairie's mask policy?
  - Masks are not required outdoors.
  - Indoors, masks are required.
  - Masks must follow the same rules, found in Prairie's Student Handbook, that pertain to clothing (no profanity, depictions of violence, etc.).
  - If your child forgets their mask, they will be provided with a disposable one to use for the day.
  - You may purchase Prairie logo masks from the Athletic Department. Contact Jersey Eickhorst in the Athletic Department for more information.
- What is Prairie's visitor policy?
  - All visitors must be properly masked and should have made an appointment in advance.
  - If you need to drop something off for your student, leave it at the Welcome Desk at Door #2. Be sure it is labeled with first and last name and grade level.
  - Parents are not allowed in the school at arrival. At pickup, Early and Primary School parents may enter through Door #7 or Door #5 on an as-needed basis beginning at 3:30PM. If entering, you must be parked in the main lot.
- What is Prairie's volunteer policy?
  - Volunteers working directly with children, including volunteer coaches and field trip chaperones, must show proof of vaccination.
    - Unvaccinated parents may attend field trips where they are only responsible for supervising their own child. They may not chaperone

other children and may not accompany Prairie students on school-sponsored transport. Any field trip chaperone with responsibility for children outside of their own family must be vaccinated.

- Per Prairie's long-standing policy, all volunteers working directly with children must be background checked by the school. Background checks are good for several years and Prairie will keep those results on file.
- How will Prairie events take place?
  - Large-scale, in-person community events will be modified (i.e. Convocation, Faculty Trustee Celebration, Fall Fest, Upper School dances, etc.).
  - More information will be released closer to each date.
- What mental health supports are available at Prairie to deal with stress related to the pandemic?
  - School Psychologist Dr. Mike Boticki and School Counselor Amy Peterson are available to support all students ES - 12th Grade.
- What should I do if my child has individual health conditions or concerns?
  - If your child has an ongoing health condition (i.e. asthma, diabetes, etc.), please send an email to Julianne Smith, School Nurse, and carbon copy the appropriate Division Head.
- What else can we do to help?
  - The CDC and epidemiologists agree that getting vaccinated is our primary COVID-19 mitigation strategy.
  - Families with unvaccinated children are encouraged to limit student contact outside of the Prairie community to mitigate exposure risk.
  - Send disinfecting wipes or hand sanitizer to school for your child to use.
  - Become a substitute teacher. Many of our usual substitutes will not be available this year because they are concerned about the Delta variant. Click here (scroll to *Current Openings*) to apply to be added to our sub list.

#### All-School Individual Health Screening & Protocols

- What is the purpose of the daily Ruvna health check-in?



- The purpose is to facilitate a temperature check and daily conversation about your child’s health, and to demonstrate to the school that these have taken place.
- [Click here](#) for more information about Ruvna, Prairie’s online health screening tool. If you have questions after reviewing the Ruvna webpage, please contact your Division Assistant.
- What if I have to check “yes” on one of the Ruvna symptom boxes?
  - Do not send your child to school.
  - Seek medical advice (call your pediatrician).
- What if I forget to log my child’s health information in Ruvna?
  - Upper School students receive the Ruvna text themselves each day, so they are able to complete their check-ins independently.
  - In Primary and Middle School, we will take your child’s temperature and you will be contacted by your Division Assistant to fill out the symptom information as soon as possible.
- What if my child is not feeling well?
  - They should stay home and you should seek medical advice (call your pediatrician).
- What if my child has a fever (a temperature of more than 100.3°F) ?
  - Prairie requires that students be fever-free without medication for 48 hours. If you or anyone in your house has tested positive for COVID-19, you must follow the procedures outlined in the COVID-19 Illness & Exposure section (page 16).
- What happens if a student feels ill at school?
  - Upper School: The student should go to the Upper School office. The US Office will connect the student with the Health Office, the school nurse on duty will call home, and the student will leave campus as quickly as possible.
    - If the nurse needs the Upper School student to come to the Health Office, the student will exit the building using Door #9 and re-enter the building at Door #4.

- Primary and Middle School: The student will go to the nurse, who will call home, and the student will leave campus as quickly as possible. Primary and Middle School students will wait for pickup in the vestibule of Door #4.
- Prairie requires that students be fever-free without medication for 48 hours. If you or anyone in your house has tested positive for COVID-19, you must follow the procedures outlined in the COVID-19 Illness & Exposure section (page 16).
- Will Prairie employ contact tracing?
  - Yes, as needed. Please see the section on COVID-19 Illness & Exposure (page 16) for the procedures to be deployed when a known or suspected case of COVID-19 is present in our community.

### All-School Logistics

- What does the start of the day look like?
  - Parents are not allowed in the school building at arrival; please drop your children off and let them walk into the building themselves.
  - Early Day:
    - Begins at 7:30AM for Early School, Primary School, and Middle School.
    - Primary School students will enter through Door #7 of the new Leipold Johnson Early Childhood Center (LJC).
    - Middle School Students will enter through Door #2 and proceed directly to the SRC, where they will be supervised by faculty until classrooms open at 8:15AM.
  - Primary and Early School classrooms will open at 8:15AM.
    - Early School, Kindergarten, and 1st Grade students should enter at Door #7. They are permitted to enter through Door #5 if that is preferred.
    - 2nd, 3rd, and 4th Grade students should enter through Door #5. They are permitted to enter through Door #7 if that is preferred.
    - Primary and Early School students should be in the building by 8:25AM. Any students arriving after 8:35AM must enter at Door #2.

- Middle School: Doors and classrooms will open at 8:15 AM. Students should enter through Door #2 at 8:15 or later; earlier arrivals must go to the SRC for Early Day until classrooms open.
  - Upper School: Doors and classrooms will open at 8:15 AM. Upper School students may enter through Doors #8 and #9.
  - Seniors in good academic standing do not need to arrive until their first class or 9:15AM, whichever is first. See page 13 for more information on Senior privileges.
  - All students should be in the building by 8:25AM.
- What does the end of the day look like?
  - If you are picking up students from multiple divisions, you must park in the main lot due to the 11-minute difference between PS and MS/US dismissal times.
  - Early School and Primary School will be dismissed at 3:30PM.
    - Primary School Parents may enter the building through Door #7 or Door #5 on an as-needed basis no earlier than 3:30PM. If entering the building, you must be parked in the main lot (not angle parking or in the pickup queue).
    - Early and Primary School Stay and Play will be in the Fallico Family Room of the new Leipold Johnson Early Childhood Center (LJC).
    - Primary School Stay & Play pickup will occur at Door #7 in the LJC.
    - All parents must wear masks indoors.
  - Middle and Upper School will be dismissed at 3:41PM.
    - There will be After-School Study Hall (ASSH) for both Middle and Upper School.
    - Middle School Stay & Play will be in the Student Resource Center to begin the year and will eventually move to the Leipold Johnson Early Childhood Center (LJC).
    - Middle School Stay & Play pickup will occur at Door #7 in the LJC.
    - All parents must wear masks indoors.

## Academics

### Remote Learning

- If mandated by the government, the school will go to remote learning simultaneously. It is also possible the portions of the school will have to go remote because of an outbreak.
- What happens if we have to go to remote learning?
  - Prairie's complete remote learning plan [can be found here](#).
  - There will be a 2-weekday break between in-person and remote instruction to give teachers time to prepare for the transition.
  - How will I/we be notified?
    - Families will be notified by email as well as via Prairie's new automated calling system. Please update your contact information in PowerSchool to ensure that you receive these messages.
- When a situation arises where a whole grade or classroom needs to transition to remote learning, there will be a 24-48 hour transition period. Our faculty has invested significant time training to teach fully online and are ready to implement this successfully should we have to do so.

### Pandemic-Related Changes to In-Person Learning

**Prairie will not be offering a hybrid virtual learning option this year.** It is detrimental to everyone involved to have a mixture of on-campus and off-campus students.

- Assignments will be shared with absent students by the teacher, advisor, or Division Office as appropriate.
- Faculty will be available via email for absent students.
- Students who are absent will not be able to Zoom into class.
- If contact tracing requires an entire ES-6th grade or classroom to be home, instruction will continue online.

### All-School Changes

- Cooperative learning opportunities (e.g., Buddy Program) are postponed indefinitely.

- When singing is involved:
  - Primary School music classes will be masked or take place outside.
  - Performance ensembles will continue using puppy pads for spit and all students will sing/play in masks with bell covers.
  - Music rehearsals will not exceed 50 continuous minutes. A 10-minute break will take place between rehearsal blocks.
- There will continue to be pull-out instruction for Wilson Reading, Speech Language instruction, academic support, and English Language Learning.

### Primary School Changes

- More activities will take place outdoors as weather permits.
- 5th and 6th Grade students will eat lunch in their classrooms.

### Middle School Changes

- 5th and 6th grade Math and Reading classes will start the year in the athletic complex and if circumstances change, more classes could move to the JAC.
- PE will take place outdoors when the weather allows; students will not change clothes for PE.

### Upper School Changes

- There will continue to be a limited amount of movement and freedom afforded to students during Commons, Study Hall, and Flex.
- Music practice rooms will only be available for individual use, scheduled in advance, with the permission of Fletcher Paulsen, Performing Arts Department Chair.
- Senior privileges:
  - Senior privileges will be granted to those in good academic standing:
    - No grade in any class below a C (2.0).
    - Senior privileges may only be lost or reinstated for academic reasons at midterms and the end of first semester. They may be temporarily removed for other disciplinary or attendance reasons at any time.
  - Senior privileges will begin on September 1st.

- Seniors in good academic standing do not have to arrive on campus until the beginning of their first class of the day or 9:15 AM, whichever is first.
  - Seniors must stay on campus until school ends at 3:41PM.
- Seniors in good academic standing will be able to leave campus for lunch.

## Athletics & Co-Curriculars

### All-School

- Will the JAC weight room and track be open?
  - The Fitness Center will only be open to students and faculty. There will be no community classes or open indoor track.
  - Students must sign up [online in advance](#).
- After-school programming:
  - All co-curricular and extracurricular activities will take place and will be modified as needed on a case-by-case basis.
- Private music lessons will still be available in person during or after the school day.

### Middle & Upper School

- Locker rooms:
  - Only Upper School students will be allowed to access the locker rooms.
  - Middle School students will not change clothes for PE class and locker rooms will not be available during the school day. This will likely change during the course of the year.
  - A separate pair of gym shoes is required for students in Grade 5 and up.
- Interscholastic athletics:
  - Upper School:
    - As of now, interscholastic athletics will be taking place. Prairie continues to work with the Metro Classic Conference, our District 7 partners, and our local health authorities.
    - Fans will be allowed on a limited basis.
  - Middle School:
    - Outdoor interscholastic sports will take place.

- Indoor interscholastic sports will be determined on a season by season basis.
- Fans will be allowed on a limited basis.

### Lunch/Food

- Students in Grades 7-12 will eat in the Dining Room and in the adjacent tents as late into the year as possible.
- Students in Grades ES-6 will eat in their classrooms and will need to pre-order box lunches via the form published in the *Weekly* and in your FACTS account.
- All lunch purchases will be billed to your FACTS student account.
- Prices:
  - Primary School single lunch: \$5.00
  - Middle School single lunch: \$6.00
  - Upper School single lunch: \$6.75
  - Milk or juice only: \$0.50
- Larger servings will be available to all students who purchase lunch.
- Classroom/advisory (birthday and other) treats will only be allowed if they are store bought and preferably in individually pre-packaged, single servings.
- Water fountains are available for water bottle fill-ups only.
- Bake sales will only allow individually pre-packaged, single servings.
- Prairie will continue to provide individually-packaged snacks in Primary School.

### Transportation

- Will there be bus service?
  - Yes. Students must check in on RUVNA before boarding and will be spread out around the bus. All students must wear their masks over their mouths and noses (note: these procedures could be changed by the bus company).
- Will you help me arrange a carpool?
  - Yes! [Fill out this form](#) and a member of our Admission Office will contact you directly.

## COVID-19 Illness & Exposure

**Please note:** The policies below have been updated to reflect changes in the official CDC guidelines as of August 2021.

**“Fully vaccinated” is defined as being two or more weeks out from receiving either the second Moderna or Pfizer shot or the single Johnson & Johnson shot. If these criteria are not met, the individual is not considered to be fully vaccinated.**

- Will Prairie accept the results of an in-home [antigen] COVID-19 test as proof of negative status?
  - While Prairie will accept this, at-home testing is strongly discouraged because:
    - The accuracy of antigen tests is lower than that of PCR tests, particularly in asymptomatic carriers;
    - The chance of user error in an at-home test is significantly higher;
    - The accuracy of home tests varies by manufacturer; and
    - Home tests can often produce an *inconclusive* result, which is not considered a valid positive/negative. In that case, another test must be taken in order to obtain a conclusive result.
  - If you do choose to test at home, please reference the [CDC’s website on self-testing](#).

A. If a student becomes ill with a confirmed case of COVID-19:

- a. The family must immediately notify [Julianne Smith](#), School Nurse, and CC their child's Division Head and Division Assistant.
- b. Families should monitor symptoms and stay in touch with their pediatrician. The student is required to stay home for at least 10 days from their test date as long as they are asymptomatic and no symptoms develop, or 10 days from symptom onset.



- c. To return to school, the 10 days must have passed and they must have been fever-free without medication for 48 hours, in addition to seeing improvement of other symptoms. Students may not return to school earlier with a negative test; the full isolation period must be observed.
- d. If the student's family includes additional children who are also students at the school, those children must be quarantined for a designated period of time to be determined by the School Nurse.
- e. The Division Head will conference with the student's teacher(s), then the student/family and one of our contact tracers, to determine if close contact took place within the school community.
  - i. Any individual in the school who has had close contact (on or off campus) with the student will be informed by their Division Head or PS classroom teacher.
  - ii. Any unvaccinated individual in the school who has had close contact (on or off campus) with the student will be informed by their Division Head or PS classroom teacher and required to quarantine and seek medical advice (call your pediatrician). The Racine Health Department recommends you use [tellyourcontacts.org](https://tellyourcontacts.org) to let other contacts outside of the Prairie community know they may have been exposed to COVID-19 and what they can do about it.
    - 1. Since the incubation period for the coronavirus is 14 days, the Racine Health Department requires that the unvaccinated person quarantine at home for 14 days from last contact and then return if they have been symptom-free for 48 hours. If the student is asymptomatic, see Section F for optional quarantine reduction strategies.
- f. If the ill student is able to continue their assignments as outlined on Google Classroom, they are encouraged to do so (as they would with any other illness).

- g. Upon return or when able, students will conference with their class teacher (PS) or advisor and teachers (MS/US) to determine a plan for make-up work.

B. If a classroom teacher becomes ill with COVID-19:

- a. They must immediately inform their Division Head, HR, and the School Nurse.
- b. They are required to seek medical advice.
- c. They are required to stay home for at least 10 days from test date as long as they are asymptomatic and no symptoms develop, or 10 days from symptom onset (whichever is longer). To return to school, the 10 days must have passed and they must have been fever-free without medication for 48 hours, as well as seen improvement in other symptoms.
- d. The Division Head will conference with the teacher, the school's contact tracers, and HR to determine if close contact took place within the school community.
  - i. Any unvaccinated individual in the school who has had close contact (on or off campus) with the teacher will be informed by their Division Head and required to seek medical advice.
    - 1. Since the incubation period for the coronavirus is 14 days, the Racine Health Department requires they quarantine at home for 14 days from last contact and then return if they have been symptom-free without medication for 48 hours. If teachers are asymptomatic, see Section F for optional quarantine reduction strategies.
- e. A substitute teacher will be hired.
- f. If the teacher is willing and able to stay in contact with their students, it will be welcome and appreciated.

C. If someone in the unvaccinated student's home becomes ill with COVID-19:

- a. The family must immediately notify Julianne Smith, School Nurse, and CC their child's Division Head and Division Assistant.

- b. The student must stay home and monitor their symptoms for at least 14 days from last contact and avoid close contact with the infected person. If possible, completely isolate the sick individual from all others in the household, preferably in a separate location. If the student is unable to avoid close contact, they must quarantine for the full 10 days of the infected person's quarantine, plus an additional 14 days.
    - i. If another resident of the home subsequently develops COVID-19, please follow the procedures outlined at the bottom of this section.
    - ii. The second 14-day period may be reduced using the optional quarantine reduction strategies in Section F. **Please note that the strategies in Section F are only for asymptomatic individuals.**
  - c. If the student becomes ill, refer to Section A of COVID-19 Illness & Exposure.
  - d. If the student does not become ill, they should continue their assignments as outlined on Google Classroom and conference with their classroom teacher (PS) or advisor and teachers (MS/US).
  - e. If a subsequent person in your home tests positive, notify [Julianne Smith](#).
    - i. A quarantine period will restart every time a subsequent person in the home tests positive for COVID-19 unless the ill person/people are completely isolated, preferably in a separate location. Students should not return to school earlier with a negative test; the full quarantine period must be observed unless following the optional quarantine reduction strategies in Section F. Note that the strategies outlined in Section F are only for asymptomatic individuals.
  - f. **If any family member or person in the unvaccinated student's home is awaiting a test result for COVID-19, all Prairie students in the household should stay home until a negative result is received.**
- D. If a member of a vaccinated student's household becomes ill with COVID-19, the student may come to school if they are not exhibiting any symptoms and:

- a. Their parent immediately informs the [Health Office](#).
  - b. The vaccinated student should take a PCR test five days after their first exposure and five days after the COVID-positive family member's quarantine ends.
  - c. If the student becomes ill, refer to Section A of COVID-19 Illness & Exposure.
- E. If a member of a teacher's household becomes ill with COVID-19, the teacher may come to school if they are not exhibiting any symptoms.
- a. They must immediately inform their Division Head and HR.
  - b. The teacher should test five days after their first exposure and five days after the COVID-positive family member's quarantine ends.
  - c. If the teacher becomes ill, refer to Section B of COVID-19 Illness & Exposure.
- F. Optional Quarantine Reduction Strategies for Asymptomatic Individuals Who Have Tested Positive for COVID-19
- a. Quarantine: if someone in your home is quarantined due to a close contact, your other students may attend Prairie provided that the quarantine is closely followed. Parents should follow their own workplace quarantine guidelines.
  - b. If someone in your household is COVID-19-positive, unvaccinated family members must remain at home.
  - c. The CDC continues to endorse quarantining for 14 days for close contact and recognizes that any quarantine shorter than 14 days balances a reduced burden against a small possibility of spreading the virus. For people without symptoms quarantine should be 14 days, but may end:
    - i. After day 10 without testing; or
    - ii. After day 7, after receiving a negative PCR test result from a test taken on the 5th day or later.
  - d. After quarantine ends, you should:
    - i. Get vaccinated.

- ii. Watch for symptoms until the 14th day after exposure.
    - iii. If you have symptoms, immediately self-isolate and contact your local public health authority or healthcare provider.
    - iv. Continue to take steps to prevent the spread of COVID-19.
  - e. Because our families come from at least six different health departments, we ask that you follow this guidance or that of your local health department, whichever is more cautious.
- G. Fully-vaccinated individuals (> two weeks from final shot) or those who have had a confirmed case of COVID-19 in the past 90 days must watch for symptoms and stay masked indoors if they have close contact with an infected person.
- a. The CDC recommends PCR testing, even in the absence of symptoms, 3-5 days after close contact.
  - b. If symptoms develop, a test is required. The individual should quarantine until a negative result is received.
    - i. If positive, maintain quarantine (see section beginning on p. 16 for quarantine procedures)

I have questions or concerns about something listed in this document. Who should I contact?

- [Click here to submit your questions](#) and we will get back to you as soon as possible.