FEBRUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		E Day 1	F Day 2	B Day 3
		Beef Chili or Chicken Alfredo w/ Broccoli	Cheese pizza* or Italian Sausage on a Bun	Walking Taco w/ Beef or Bean* and Assorted Topping Ice Cream
C Day 6	D Day 7	E Day 8	F Day 9	
Swedish Meatballs w/Mashed Potato or Cheese Omelet*	BBQ Pork on a Tortilla Coleslaw on the Side or Mac & Cheese*	Tomato Mozz & Spinach on a Ciabatta Roll* or Corn Dogs	Pizza Panini or Penne Rosa*	PROFESSIONAL Development Day
WINTER	BREAK	A Day 15 Chicken Nuggets or Vegetable Orzo*	B Day 16 Spaghetti w/ Choice of Sauces Meat or Alfredo*	C Day 17 Inside Cook Out Hot Dogs/Hamburger Black Bean Burger* Potato Chips Ice Cream
D Day 20	E Day 21	F Day 22	A Day 23	B Day 24
Pizza Dipper or Vegetable Croissant*	BBQ Chicken Wrap or Prairie McMuffin* w/ Chicken Sausage on the Side	Mrs. Friday Fish* or Grilled Cheese* & Tomato Soup	Gyros or French Toast Sticks* Chicken Sausage	Fish Sandwich* or Pesto Pasta*
C Day 27	D Day 28	*Denotes Vegetarian option.		
Chicken Patty on a Bun	Broccoli Quiche*	Deli Bar is another option daily.		
or Baked Potato* w/ Topping	or Chicken Mash Potato Bowl	Fresh fruit, and salad bar served daily. (gr 1-12) ES/K Daily sandwich option: (COLD) turkey, or ham, or cheese sandwich.		