

August 22, 2023 - September 22, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
21 <i>*Denotes vegetarian option. Deli bar option daily. Fresh fruit, and Hot Vegetables, side items served daily. (1-12) ES/K Daily sandwich option: Turkey, Ham, or Cheese</i>	A Day 22 French Toast* Chicken Sausage Potato Pancake or Gyro	B Day 23 Macaroni & Cheese* or Hot Ham & Cheese on a Pretzel Bun	C Day 24 Nacho Supreme Beef or Bean* Whole Kernel Corn	D Day 25 Meatball Sub or Vegetable Wrap*
A Day 28 Corn Dogs or Bake Potato* With Assorted Toppings Steam Broccoli	B Day 29 Cheese Pizza* or Chicken Caesar Wrap	C Day 30 Spaghetti Choice of Sauce* Marinara, Meat, Alfredo Mini Baguette	D Day 31 Broccoli Lo Mein* or Chicken Mash Potato Bowl	A "Flip" 1 Cook Out Hot Dog/Hamburger Black Bean Burger* Chips Ice Cream
 4	B Day 5 Penne Rosa* or Brat on a bun	C Day 6 Chicken BBQ Flat Bread or Pancakes* Chicken Sausage	D Day 7 Pizza Panini or Broccoli Quiche*	E Day 8 Walking Taco w/ Beef or Bean* And Assorted Topping Ice Cream
F Day 11 Chicken Tenders or Tomato, Mozz. & Spinach on a Ciabatta*	A Day 12 Bacon Turkey Wrap w/ Chips OR Chicken Alfredo w/Broccoli	B Day 13 Grilled Cheese w/ Tomato Soup* or BBQ Pork on a Bun	C Day 14 Mostaccioli* w/ Meatballs Mixed Vegetable	D Day 15 Cook Out Hot Dog/Hamburger Black Bean Burger* Ice Cream
E Day 18 Teriyaki Chicken W/Brown Rice Stir Fried Vegetable*	F Day 19 Bacon Wrapped Meatloaf or Prairie McMuffin* w/ Chicken Sausage	A Day 20 Breaded Chicken Parmesan With Penne Pasta* Green Bean Dinner roll	B Day 21 Pizza dippers* With Marinara Sauce or Sloppy Joe Steamed Broccoli	C Day 22 Breaded Chicken Patty on a Bun or Cheese Omelet*