

September 25, 2023 - October 27, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
25 *Denotes vegetarian option. Deli bar option daily. Fresh fruit, hot Vegetables, and side items served daily. (1-12) ES-K Daily sandwich option: Turkey, or ham, or cheese sandwich.	D Day 26 Gyro or French Toast*	E Day 27 Spaghetti Choice of Sauce* Marinara, Meat, Alfredo	F Day 28 Acorn Squash w/Wild Rice* or Meatball Sub	A Day 29 Walking Taco w/ Beef or Bean* And Assorted Topping Ice Cream
B Day 2 Chicken Nugget or Penne Rosa*	F Day 3 BBQ Pulled Pork Sandwich or Vegetable Orzo*	E Day 4 Andouille Sausage w/ Pasta or Pancakes*w/ Chicken Sausage	C Day 5 Cheese Pizza* or Sloppy Joe	d Day 6 
		A Day 11 Teriyaki Chicken w/ Brown Rice Stir Fried Vegetable*	B Day 12 Beef Chili or Ham & Cheese on a Pretzel Bun	C Day 13 Cook Out Hot Dog / Hamburger Black Bean Burger*
D Day 16 Pizza Dipper* or Vegetable Croissant*	E Day 17 Breaded Chicken Patty or Pesto Pasta*	F Day 18 Corndog or Broccoli Lo Mein*	A Day 19 Grilled Cheese Tomato Soup* or Buffalo Chicken Wrap	B Day 20 Mostaccioli* w/ Meatballs or Broccoli Quiche*
C Day 23 Brat on a bun or Prairie McMuffin* w/Chicken Sausage	D Day 24 Chicken Taco or Bean Taco*	E Day 25 Bake Potato* W/ Topping or Chicken Caesar Wrap	F Day 26 Salisbury Steak or Vegetable Flat Bread*	A Day 27 Cook Out Hot Dog / Hamburger Black Bean Burger*