

Experience
MANITO·WISH®
 CAMP MANITO-WISH YMCA

Prairie School Leadership Experience Packing List

The following What To Bring list is to be followed closely. This list includes all clothing and equipment you will need for your time at Camp and on your wilderness trip (trail). Campers should wear the kind of outdoor clothing in which they will feel most comfortable. Clothes should be suitable for camping.

Freshman – In Camp

Footwear			
Item	Quantity	Comments	Check List
In Camp Shoes	1	Cross Trainers, tennis or running shoes in good condition for around camp and short day hikes. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	
Water Shoes	1	Closed toe with a heel strap, and can get wet! Good for the canoe portion of the trip.	
Socks	2-3 pairs	Heavy wool, merino wool, or thick polypropylene (preferably no cotton).	

Hands and Head			
Item	Quantity	Comments	Check List
Pair of Gloves	1	Lightweight / Fleece	
Wool/fleece hat	1	Anything that will cover your ears and keep you warm	
Baseball Cap or hat with Brim	1	Sun protection is the primary use.	
Bandanas	1		

Upper Body			
Item	Quantity	Comments	Check List
T-shirt/long sleeve Shirts	5	Make sure these can get dirty. We recommend a mix of cotton and athletic wear. Extra in case clothes get wet from canoeing	
Rain coat	1	We recommend “rain-proof” not “rain-resistant.” Durable and heavy-duty waterproofing is highly recommended, and should fit over all layers.	
Warm jacket	1	Fleece or wool is preferred. Sweatshirts are acceptable, but may not work great if they get wet.	
Light Jacket	1	Wind breaker or soft shell	

Lower Body			
Item	Quantity	Comments	Check List
Pants – Nylon or synthetic	2	Quick-dry pants made from synthetic materials. They are used for bug and sun protection. Nylon wind pants also work well.	
Shorts – Nylon or synthetic	2	Quick-dry materials are best. Extra in case they get wet from canoeing.	
Fleece pants - optional	1	For cooler mornings	
Rain pants - optional	1	Waterproof and durable. Vinyl/rubberized is okay.	
Underwear	2-3 pairs		

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Bedding/Towels			
Item	Quantity	Comments	Check List
Twin-size sheets with blankets or sleeping bag	1		
Pillow	1		
Towel	1		

Other			
Item	Quantity	Comments	Check list
Toiletries	1 set	Deodorant, toothbrush, toothpaste, soap, shampoo, feminine hygiene products, etc.	
Re-usable water bottle	1	Quart or liter size.	
Headlamp/flashlight	1	Extra set of batteries	
Sunscreen non-aerosol)	1		
Bug spray (non-aerosol)	1		
Book - optional	1		
Notebook - optional	1		
Camera - optional	1		

LAYERING:

Layering means wearing numerous items of thinner clothing rather than one heavy item. Layering traps more air, keeping you warmer. Layering also allows you to adapt your clothing to the variety of weather conditions you may experience. Start with thinner, tighter layers near the skin, and move to heavier, looser layers away from the body. Top it off with a windbreaker and/or wind pants and you have an excellent clothing system.

WEATHER:

Temperatures in Northern Wisconsin can be very unpredictable, ranging between 30-80 degrees. Much of your time spent with us will be outside, so make sure to come prepared. We recommend comfortable outdoor clothing that you don't mind getting wet or dirty.

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Sophomores- Base Camp

Footwear			
Item	Quantity	Comments	Check List
In Camp Shoes	2	Cross Trainers, tennis or running shoes in good condition for around camp and short day hikes. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	
Socks	2-3 pairs	Heavy wool, merino wool, or thick polypropylene (preferably no cotton).	

Hands and Head			
Item	Quantity	Comments	Check List
Pair of Gloves	1	Light to mid-weight fleece	
Wool/fleece hat	1	Anything that will cover your ears and keep you warm	
Baseball Cap or hat with Brim	1	Sun protection is the primary use.	
Bandanas	1		

Upper Body			
Item	Quantity	Comments	Check List
T-shirt/long sleeve Shirts	4	Make sure these can get dirty. We recommend a mix of cotton and athletic wear.	
Long Underwear Top	1	Synthetic or merino wool base layer top. No cotton.	
Rain coat	1	We recommend "rain-proof" not "rain-resistant." Durable and heavy-duty waterproofing is highly recommended, and should fit over all layers.	
Warm jacket	1	Fleece or wool is preferred. Sweatshirts are acceptable, but may not work great if they get wet.	

Lower Body			
Item	Quantity	Comments	Check List
Pants – Nylon or synthetic	2	Quick-dry pants made from synthetic materials. They are used for bug and sun protection. Nylon wind pants also work well.	
Shorts – Nylon or synthetic	1	Quick-dry materials are best.	
Long Underwear Bottom	1	Synthetic or merino wool base layer top. No cotton.	
Fleece pants - optional	1		
Rain pants - optional	1	Waterproof and durable. Vinyl/rubberized is okay.	
Underwear	2-3 pairs		

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Bedding/Towels			
Item	Quantity	Comments	Check List
Sleeping Bag	1		
Sleeping Pad	1	Highly encouraged if you have one, if you don't we have some that can be borrowed.	
Pillow	1	A smaller travel-sized pillow would be best	
Towel	1		

Other			
Item	Quantity	Comments	Check list
Toiletries	1 set	Deodorant, toothbrush, toothpaste, soap, shampoo, feminine hygiene products, etc.	
Re-usable water bottle	1	Quart or liter size.	
Headlamp/flashlight	1	Extra set of batteries	
Sunscreen non-aerosol)	1		
Bug spray (non-aerosol)	1		
Book - optional	1		
Notebook - optional	1		
Camera - optional	1		

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Juniors - Trail

Footwear			
Item	Quantity	Comments	Check List
Hiking Boots	1	Look for boots with good ankle protection and support and a durable sole. These will get wet. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	
In Camp Shoes	1	Cross Trainers, tennis or running shoes in good condition for around camp and short day hikes. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	
Socks	2-3 pairs	Heavy wool, merino wool, or thick polypropylene (preferably no cotton).	

Hands and Head			
Item	Quantity	Comments	Check List
Pair of Gloves	1	Midweight / Fleece	
Wool/fleece hat	1	Anything that will cover your ears and keep you warm.	
Baseball Cap or hat with Brim	1	Sun protection is the primary use.	
Bandanas	1-2		

Upper Body			
Item	Quantity	Comments	Check List
T-shirt/long sleeve Shirts	2-3	Make sure these can get dirty. We recommend a mix of cotton and athletic wear.	
Long Underwear Top	1	Synthetic or merino wool base layer top. No cotton.	
Rain coat	1	We recommend "rain-proof" not "rain-resistant." Durable and heavy-duty waterproofing is highly recommended and should fit over all layers.	
Warm jacket	1	Fleece or wool is preferred. Sweatshirts are acceptable, but may not work great if they get wet.	

Lower Body			
Item	Quantity	Comments	Check List
Pants – Nylon or synthetic	2	Quick-dry pants made from synthetic materials. They are used for bug and sun protection. Nylon wind pants also work well.	
Shorts – Nylon or synthetic	1	Quick-dry materials are best.	
Long Underwear Bottom	1	Synthetic or merino wool base layer top. No cotton.	
Fleece pants - optional	1		
Rain pants	1	Waterproof and durable. Vinyl/rubberized is okay.	
Underwear	2-3 pairs		

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Bedding/Towels			
Item	Quantity	Comments	Check List
Sleeping Bag	1		
Sleeping Pad	1	If you don't have one, you can borrow from Camp	
Pillow	1	A smaller travel-sized pillow would be best	
Towel	1		
Face cloth	1		

Other			
Item	Quantity	Comments	Check list
Toiletries	1 set	Deodorant, toothbrush, toothpaste, soap, shampoo, feminine hygiene products, etc.	
Re-usable water bottle	1	Quart or liter size.	
Headlamp/flashlight	1	Extra batteries	
Sunscreen non-aerosol)	1		
Bug spray (non-aerosol)	1		
Book - optional	1		
Notebook - optional	1		
Camera - optional	1		

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EXTRA CLOTHING:

If you would like, bring an extra set of clean clothes for after the trail / the bus ride home.