

September 22 - October 23, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<i>*Denotes vegetarian option.</i> <i>Deli bar is another option daily.</i> <i>Fresh fruit, and salad bar served daily. (1-12) ES-K</i> <i>Daily sandwich option: Turkey, or ham, or cheese sandwich.</i>	A Day 22 Chicken Taco or Bean Taco*	B Day 23 Andouille Sausage w/ Pasta or Beef Chili	C Day 24 Gyro or French Toast*	D Day 25 Cheese Pizza* or Vegetable Wrap*
F Day 28 Chicken Tenders or Penne Rosa*	E Day 29 BBQ Pulled Pork Sandwich or Vegetable Orzo*	A Day 30 Yakisoba or Broccoli Quiche*	B Day 1 Acorn Squash w/Wild Rice* or Ham & Cheese on a Pretzel Bun	C Day 2 Cook Out Hot Dog / Hamburger Black Bean Burger*
D Day 5 Pizza Dipper* or Vegetable Croissant*	E Day 6 Spaghetti Choice of Sauce* Marinara, Meat, Alfredo	F Day 7 Brat on a bun or Prairie McMuffin* w/Chicken Sausage	A Day 8 Breaded Chicken Patty or Bake Potato* W/ Topping	a Day 9 
		B Day 14 Mostaccioli* w/ Meatballs Mixed Vegetable	C Day 15 Grilled Cheese Tomato Soup* or Buffalo Chicken Wrap	D Day 16 Walking Taco w/ Beef or Bean* And Assorted Topping Ice Cream
E Day 19 Teriyaki Chicken w/ Brown Rice Stir Fried Vegetable*	F Day 20 Corndog or Sloppy Joe	A Day 21 Chicken Caesar Wrap or Tomato, Mozz, Spinach on a Ciabatta*	B Day 22 Breaded Chicken Parmesan or Penne Pasta*	C Day 23 Fish Sandwich* or BBQ Pork Sandwich